

Medication List

for someone coming home from the hospital

General guidance from a California RN, not medical advice. Ask the doctor or pharmacist about your loved one's own medicines. In an emergency, call 911.

LIST FOR

ALLERGIES

PHARMACY AND PHONE

LAST UPDATED

DOCTOR TO CALL WITH MEDICINE QUESTIONS, AND PHONE

Medicine (brand and generic)	Strength	What it is for	How much and how	MORN	MID	EVE	BED	Prescribed by	Since the hospital	Last dose in hospital (time)
				☐	☐	☐	☐		New Changed Same	
				☐	☐	☐	☐		New Changed Same	
				☐	☐	☐	☐		New Changed Same	
				☐	☐	☐	☐		New Changed Same	
				☐	☐	☐	☐		New Changed Same	
				☐	☐	☐	☐		New Changed Same	
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				☐	☐	☐	☐		New Changed Same	
				☐	☐	☐	☐		New Changed Same	

Stopped since the hospital

Move a medicine here when a doctor stops it. Do not just cross it out.

Medicine	Strength	Date stopped	Stopped by	Reason given

Write names and strengths from the pharmacy label. Include over-the-counter medicines, vitamins and supplements. Ask the hospital to highlight new, changed and stopped medicines.

Before you leave, ask the nurse what time each medicine was last given today, and write it in the last column, so the first dose at home is not doubled or skipped.

Update this list the same day anything changes. Keep one copy at home and one in a wallet or purse, and bring it to every appointment and any hospital stay.

Sources: U.S. FDA, "Create and Keep a Medication List for Your Health"; AHRQ, "Taking Care of Myself: A Guide for When I Leave the Hospital"; MedlinePlus, "Leaving the hospital: your discharge plan" and "Taking multiple medicines safely"; National Institute on Aging, "Taking Medicines Safely as You Age." Opened October 10, 2026.

This list is for your family to keep. WholeHealth Concierge does not collect it.